



**T H E S P I R E S**  
AT BERRY COLLEGE

## ALWAYS AVAILABLE SAMPLE MENU

### **Bone-in Pork Chop**

8 oz. Grilled Pork Chop topped with apple chutney glaze. Served with choice of two sides.

### **Spaghetti & Meatballs**

Six Impossible Meatballs simmered in a traditional red sauce with fresh spaghetti and dusted with parmesan. Served with garlic bread and salad bar.

### **Grain Bowl**

Red quinoa, brown rice and mixed vegetables drizzled with balsamic glaze. Protein option available.

### **New York Strip**

12 oz. Fire Grilled New York Strip with house-made herb butter. Served with choice of two sides.

### **Grilled Salmon**

6 oz. Salmon topped with brown sugar praline. Served with choice of two sides.

### **Chicken Sandwich**

Grilled Chicken topped with an apple-bacon jam, caramelized onions and Swiss cheese on a toasted ciabatta bun. Lettuce and tomato upon request. Served with pickle spear and choice of one side.

### **Chef's Choice Berry Burger**

Grilled Beef Patty on a toasted Hawaiian bun and toppings a la carte. Served with pickle spear and choice of one side.

### **Veggie Plate**

Choice of four daily sides.

### **Salad Plate**

Housemade chicken salad, egg salad and tuna salad, served on a bed of greens, sliced tomatoes, cucumbers and crackers. Croissant available upon request.

### **Pizza**

Cheese / Pepperoni / Chef's Choice

### **Chicken Fingers**

Four chicken fingers breaded and fried to perfection. Choice of two sides.

### **Grilled Cheese**

Choice of bread with American cheese. Served with pickle spear and choice of one side.

### **ALWAYS AVAILABLE SIDES**

Fries | Fresh Vegetable of the Day | Steamed Broccoli | Fresh Fruit | Sweet Potato Fries | Steamed Cauliflower  
Zucchini Fries | Fresh Collards | Baked Potato | Baked Sweet Potato | Mashed Potatoes | Salad Bar

### **SOUP (Bowl or Cup)**

Soup of the Day | Chef's Choice

### **PROTEIN SUPPLEMENTS**

Grilled Chicken Breast | Grilled Salmon | Grilled Shrimp | Cheese | Bacon

## **ELDERBERRIES' CHOICE SAMPLE MENU**

### **Taco Salad Bowl**

Bed of Lettuce | Shredded Chicken | Corn | Black Beans | Pico de Gallo | Sliced Avocado | Fried Tortilla Strips  
Sour Cream | Salsa | Cilantro Lime Ranch

### **Spinach Tortellini**

Tri-colored Cheese Tortellini | Spinach | Creamy Tomato Sauce | Choice of Protein (Chicken, Salmon, Shrimp)

### **Grilled Italian Sausage**

Sauteed Peppers & Onions | Pretzel Bun | Choice of Side

### **Spinach & Fruit Salad**

Craisins | Apples | Mandarin Oranges | Almonds | Thinly Sliced Shallots | Goat Cheese  
Raspberry Vinaigrette | Choice of Protein (Chicken, Salmon, Shrimp)



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